



## Forensic Anthropology Population Data

## Age- and sex-related changes in the normal human external nose

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## ABSTRACT

The objective of this study was to measure: (1) normal sex-related dimensions of external nose (linear distances, ratios, angles, volume and surface area); and (2) growth changes between childhood and old age. The three-dimensional coordinates of several soft-tissue landmarks on the external nose were obtained by a non-invasive, computerized digitizer in 519 male and 340 female healthy subjects aged 4–73 years. The subjects were divided into 11 non-overlapping age groups: for children and preadolescent subjects, 2-year spans were used, while larger intervals were used for adolescent and adult subjects. From the landmarks, nasal volume and external surface area; nasal and alar base widths, nasal height, nasal bridge length, philtrum length, nasal tip protrusion, right and left nostril lengths, superior and inferior nostril widths; nasal tip protrusion-to-nasal height, and nasal width-to-nasal height ratios; nasal convexity, alar slope, and nasal tip angles were calculated, and averaged for age and sex. Comparisons were performed by factorial analysis of variance. On average, men had larger nasal external volume and area, linear distances and nasal width-to-height ratio than women ( $p < 0.01$ ); no sex differences were found for the angles and the nasal tip protrusion-to-nasal height ratio. Age significantly influenced all analyzed measurements ( $p < 0.001$ ): nasal volume, area, linear distances increased from childhood to old age, while the nasal tip angle decreased as a function of age. No consistent age related patterns were found for the ratios and the nasal convexity and alar slope angles. Men and women had different age related patterns, with significant sex by age interactions ( $p < 0.001$ ). Overall, in most occasions male increments in nasal dimensions were larger than female ones. Data collected in the present investigation could serve as a database for the quantitative description of human nasal morphology during normal growth, development and aging. Forensic applications (evaluations of traumas, craniofacial alterations, teratogenic-induced conditions, facial reconstruction, aging of living and dead persons, personal identification) may also benefit from age and sex based data banks.

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## 1. Introduction

The external nose is one of the body structures that continue to modify and enlarge throughout life, well beyond the attainment of skeletal maturity. As shown by both cross-sectional and longitudinal studies, older people tend to possess bigger noses than younger people of the same sex and ethnic group [1–3].

Pre- and postnatal abnormalities in nose dimensions and shape can be found in several genetic and acquired alterations. Individuals with Down's syndrome have frequent prenatal ultrasonographic findings of nasal bone absence or hypoplasia, coupled with a flat facial profile [4–8]. This underdevelopment of the nasal region remains after birth, and individuals with Down's syndrome are characterized by a hypoplastic maxillary region, with reduced vertical, lateral and anteroposterior dimensions. Their

nose is smaller than in reference subjects, and it has a different shape [9–11].

A defective nasal growth, associated with a general underdevelopment of the facial middle third, is also found in individuals with cleft lip [12–14]. Individuals with hypohidrotic ectodermal dysplasia have maxillary hypoplasia and a narrow and short nose [15].

Therefore, knowledge of the normal nasal dimensions and shape is necessary for the timing of surgical reconstructions [13,14,16–20]. Sex, age and ethnicity related data banks may therefore be produced, supplying reference information for multiple diagnostic, clinical and forensic procedures (aging of both living and dead persons, personal identification, facial reconstruction) [21–30].

In the field of facial reconstruction, a good approximation of nasal morphology is particularly important for profile or three-quarter views, even if no current method seems to produce sufficiently accurate estimates [25,31]. From this point of view, knowledge of the developmental patterns of the various nasal

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dimensions, even after the attainment of biological maturity, may provide further help to forensic anthropologists [1,29,30,32,33].

In living persons, personal identification greatly depends on facial characteristics [28]: the definition of age, sex and ethnicity specific data banks for each facial feature is the first step to detect those individual traits that best discriminate between persons [22,24]. Furthermore, age related facial dimensions may help in the aging of victims from pedo-pornography [34].

Sex and age related variations in the nasal region are particularly important when considering the functional, social and esthetic role played by the facial soft tissues [20,23,29,32,35–41]. For instance, reference data are necessary for surgeons treating facial deformities: diagnosis and treatment should obtain harmonious facial characteristics concurring to a sound functionality [12,13,15–20,23,32,39,41,42].

Overall, quantitative data on the age-related changes in nasal dimensions during growth, development and aging have been reported for several Caucasoid subgroups: children, adolescents, and adults of central European descent [3], Dutch children and adolescents [40], English children and adolescents [42], Italian children, adolescents and adults [1,43], North American children, adolescents and young adults [16,29,39,44], and Turkish adults [38,45]. Reports on other ethnic groups can also be found: Afroamerican women [46], Chilean adults [41], Chinese adults [18,36], Indian infant boys and girls [47], Iranian women [23], Japanese children [19], and Malaysian adults [48] have been investigated in the last 10 years.

Despite several studies on the topic, no comprehensive data on Caucasoids exist: the two most complete reports focused only on three linear dimensions measured from birth and 97 years of age [3], or assessed linear distances and angles only for the first three decades of postnatal life [44]. As a matter of fact, in contemporary

western society, not only is the number of elderly increasing, but also forensic investigations are currently performed on a wider age range than before, thus needing new reference data on each ethnic group.

In the current study, information about: (1) normal sex-related dimensions of external nose (linear distances, ratios, angles, volume and surface area); and (2) growth changes between childhood and old age, were provided. Data were collected non-invasively using digital anthropometry in healthy Italian Caucasoids aged 4–73 years.

## 2. Materials and methods

### 2.1. Subjects

Data on 859 healthy white Italians (519 men, 340 women) aged 4–73 years were collected. The subjects were divided into several non-overlapping age groups (Table 1): for children and preadolescent subjects, 2-year spans were used, while larger intervals were used for adolescent and adult subjects [26,27].

Subjects with a previous history of craniofacial trauma, congenital anomalies or surgery were not included in the sample. Participants were informed about all the adopted procedures, and provided their consent to the investigation. Informed consent was also obtained from the parents/legal guardians of the subjects younger than 18 years. The study protocol was approved by the local ethic committee.

The data collection procedure used in the current study is non-invasive, not potentially harmful, do not provoke pain and do not use any instrument or energy currently considered to be potentially dangerous to the present or future health of the subjects or of her/his offspring [49]. Additionally, great care was taken to use procedures provoking the minimal disturbance to the subject.

### 2.2. Collection of three-dimensional facial landmarks

The data collection procedure was previously described in detail [15,26,27,49–51]. In brief, for each subject, a single experienced operator located a set of 50 landmarks and marked them on the cutaneous surface. During landmark marking, the subjects sat relaxed with a natural head position. The complete set of 50 landmarks allowed the quantitative study of head, face, orbits, nose, lips and mouth, ears in the living human subjects [49].

**Table 1**  
Three-dimensional external nasal morphometry in 519 healthy men.

Measurement	Unit	Age (years)	4–5	6–7	8–9	10–11	12–13	14–16	18–30	31–40	41–50	51–64	65–80
No. subjects			11	47	55	44	82	55	126	66	11	15	7
Nasal volume	mm <sup>3</sup>	Mean	1.55	2.07	2.07	3.13	3.46	4.32	4.32	4.95	5.43	5.57	5.18
		SD	0.58	1.28	1.90	0.82	0.84	0.94	4.15	2.39	3.46	4.59	1.33
Nasal area	mm <sup>2</sup>	Mean	735.00	848.00	973.00	1194.00	1327.00	1522.00	1643.00	1822.00	1873.00	1866.00	1874.00
		SD	164.40	96.50	162.40	181.70	180.50	189.10	185.80	182.80	132.70	162.70	188.80
Nasal width	mm	Mean	23.75	25.67	26.65	26.40	28.73	31.10	32.31	33.86	34.10	35.76	37.10
		SD	5.53	2.46	2.90	2.55	2.29	3.29	3.10	2.36	1.97	2.56	2.31
Alar base width	mm	Mean	24.88	26.90	27.45	25.98	27.40	29.23	31.48	33.21	35.24	35.00	37.77
		SD	4.85	2.46	3.42	2.40	2.56	3.68	3.31	2.74	2.93	3.09	1.58
Height of the nose	mm	Mean	34.50	40.04	43.03	46.83	49.00	50.53	55.65	57.30	58.68	54.79	57.36
		SD	3.20	2.13	3.08	2.35	3.32	2.84	3.31	4.17	4.04	3.28	3.93
Nasal bridge length	mm	Mean	27.58	32.49	34.79	39.70	41.75	44.36	51.00	52.52	52.34	49.34	51.98
		SD	2.77	2.65	3.44	2.48	3.67	2.68	3.91	4.82	4.38	3.86	3.81
Philtrum length	mm	Mean	11.84	13.62	13.50	14.25	14.91	15.58	17.04	18.52	19.79	19.51	19.05
		SD	2.29	1.93	2.00	1.79	2.11	1.69	2.24	2.32	2.23	2.54	2.56
Nasal tip protrusion	mm	Mean	14.16	15.89	16.95	16.86	18.30	18.91	19.17	20.24	22.65	23.15	22.57
		SD	0.92	1.46	1.74	1.83	1.74	1.93	2.15	2.16	3.26	1.93	1.68
Right nostril length	mm	Mean	12.31	12.11	13.33	14.98	15.59	17.96	18.18	18.73	19.38	20.85	21.45
		SD	1.24	1.47	2.01	1.58	2.06	1.64	1.98	2.01	1.89	2.53	3.19
Left nostril length	mm	Mean	11.39	12.39	13.08	14.59	15.30	16.69	18.47	18.92	19.28	21.12	21.06
		SD	0.82	1.72	1.62	1.32	1.72	2.33	2.05	1.89	1.97	2.48	4.01
Superior nostril width	mm	Mean	6.28	6.16	6.61	6.30	6.47	8.25	8.93	10.12	10.09	8.52	10.41
		SD	4.72	1.45	2.18	2.38	2.25	3.57	2.07	1.77	2.95	2.06	2.88
Inferior nostril width	mm	Mean	17.16	19.23	19.99	17.94	18.82	20.44	22.57	24.46	23.71	28.36	30.91
		SD	5.06	1.79	3.21	2.75	2.21	2.90	3.15	2.64	2.99	2.37	4.12
Tip protrusion to height	%	Mean	48.35	36.35	37.53	42.75	41.55	44.31	37.61	39.89	39.02	43.59	37.69
		SD	7.94	6.51	8.37	6.71	6.41	4.93	4.84	4.39	5.33	5.23	3.83
Width to height	%	Mean	68.47	64.33	62.20	59.59	58.83	61.74	58.26	59.42	58.39	65.40	65.02
		SD	14.05	7.37	7.69	6.71	5.47	7.59	6.49	6.13	5.61	4.77	6.91
Nasal convexity	deg	Mean	23.21	22.31	22.06	20.35	21.40	21.76	20.06	20.67	22.54	25.01	22.99
		SD	1.86	2.59	2.58	1.88	2.53	2.04	2.54	2.68	3.09	2.73	1.91
Alar slope angle	deg	Mean	64.49	82.83	79.68	66.53	70.84	69.61	75.43	73.15	73.66	73.86	81.11
		SD	14.44	10.82	14.13	9.10	8.54	7.66	7.91	6.05	5.55	5.85	5.58
Nasal tip angle	deg	Mean	106.85	106.70	107.41	104.36	102.47	97.78	93.84	92.86	94.70	90.88	92.10
		SD	3.81	5.92	5.40	4.32	5.51	3.54	6.33	5.77	6.49	5.27	7.87

Three-dimensional ( $x, y, z$ ) coordinates of the facial landmarks were obtained with a three-dimensional computerized electromagnetic digitizer (3Draw, Polhemus Inc., Colchester, VT). The system has an accuracy of 0.25 mm, a resolution of 0.13 mm/mm of range, and it supplies actual metric data independent from external reference systems. Digitization of landmarks was performed by a single operator.

The reproducibility of landmark identification, marker positioning and the reproducibility of the data collection procedure were previously reported, and found to be reliable, with Dahlberg's errors on 50 landmarks of 1.20 mm (males) and 0.95 mm (females), corresponding to 1.04 and 1.05% of the relevant nasion-mid-tragion distances [50].

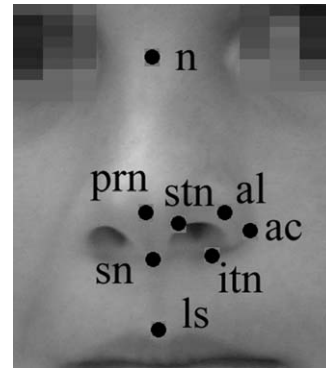
In the present study, from the complete set of 50 landmarks the following soft-tissue landmarks were further considered (Fig. 1):

- midline landmarks: n, nasion; sn, subnasale; prn, pronasale; ls, labiale superius;
- paired landmarks (right and left side noted r and l): al<sub>r</sub>, al<sub>l</sub>, alare; ac<sub>r</sub>, ac<sub>l</sub>, nasal alar crest; itn<sub>r</sub>, itn<sub>l</sub>, inferior point of the nostril axis; stn<sub>r</sub>, stn<sub>l</sub>, superior point of the nostril axis.

### 2.3. Data analysis

The  $x, y, z$  coordinates of the landmarks obtained on each subject were used to calculate the following measurements [11,13,43,49,51,52]:

- volume (unit: mm<sup>3</sup>): nasal volume, approximated from the volumes of two tetrahedra: the first tetrahedron had the plane ac<sub>r</sub>, ac<sub>l</sub>, prn as its base and vertex in n, the second had the same base and vertex in sn;
- area (unit: mm<sup>2</sup>): external nasal surface, computed as the sum of the areas of the triangles n–prn–ac<sub>r</sub>, n–prn–ac<sub>l</sub>, prn–sn–ac<sub>r</sub>, and prn–sn–ac<sub>l</sub>;
- linear distances (unit: mm): nasal width (al<sub>r</sub>–al<sub>l</sub>); alar base width (ac<sub>r</sub>–ac<sub>l</sub>); height of the nose (n–sn); length of the nasal bridge (n–prn); philtrum length (sn–ls); nasal tip protrusion (prn–sn); right and left length of the nostrils (stn<sub>r</sub>–itn<sub>r</sub>); superior width of the nostrils (stn<sub>r</sub>–stn<sub>l</sub>); inferior width of the nostrils (itn<sub>r</sub>–itn<sub>l</sub>);

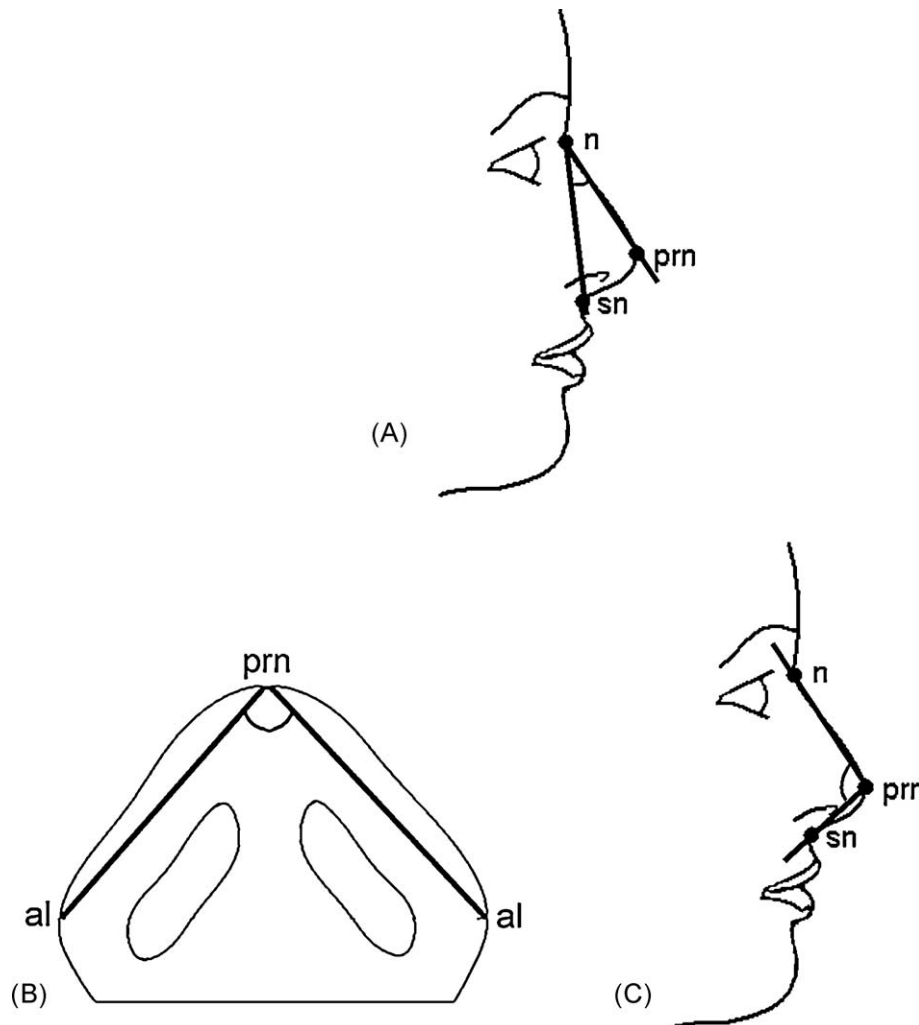


**Fig. 1.** Digitized three-dimensional soft-tissue nasal landmarks used in the current study: n, nasion; sn, subnasale; prn, pronasale; ls, labiale superius; al<sub>r</sub>, al<sub>l</sub>, alare; ac<sub>r</sub>, ac<sub>l</sub>, nasal alar crest; itn<sub>r</sub>, itn<sub>l</sub>, inferior point of the nostril axis; stn<sub>r</sub>, stn<sub>l</sub>, superior point of the nostril axis.

- ratios (unit: percentage): nasal tip protrusion-to-nasal height ( $\frac{\text{prn}-\text{sn}}{\text{n}-\text{sn}} \times 100$ ); nasal width-to-nasal height ( $\frac{\text{al}-\text{al}}{\text{n}-\text{sn}} \times 100$ );
- angles (unit: degrees): nasal convexity or nasal prominence (sn–n–prn); alar slope or inter-alar angle (al<sub>r</sub>–prn–al<sub>l</sub>); nasal tip angle (n–prn–sn) (Fig. 2).

All measurements were performed in the three-dimensional space, *i.e.*, the position of landmarks relative to all the three planes (frontal, lateral and horizontal) was considered at the same time (no projections).

Descriptive statistics (mean and standard deviation) for each measurement were computed within sex and age group. Statistics of the angular measurements were computed by using the rectangular components of each angle.



**Fig. 2.** Analyzed angles: (A) nasal convexity or nasal prominence (sn–n–prn); (B) alar slope or inter-alar angle (al<sub>r</sub>–prn–al<sub>l</sub>); (C) nasal tip angle (n–prn–sn)

**Table 2**  
Three-dimensional external nasal morphometry in 340 healthy women.

Measurement	Unit	Age (years)	4–5	6–7	8–9	10–11	12–13	14–16	18–30	31–40	41–50	51–64	65–80
No. subjects			11	29	42	48	68	12	66	28	11	18	7
Nasal volume	mm <sup>3</sup>	Mean	1.50	1.35	1.27	1.45	2.54	3.52	3.60	4.33	4.54	4.18	4.25
		SD	0.55	1.87	2.06	2.85	4.02	0.93	3.34	1.01	1.05	3.22	0.96
Nasal area	mm <sup>2</sup>	Mean	706.00	843.00	916.00	1070.00	1322.00	1430.00	1361.00	1487.00	1524.00	1629.00	1648.00
		SD	138.00	107.20	125.10	177.10	180.40	202.10	197.20	175.00	154.20	142.20	319.60
Nasal width	mm	Mean	20.64	25.10	25.83	26.78	28.22	31.25	28.90	30.29	32.31	32.42	31.37
		SD	3.53	1.82	2.13	2.38	3.22	2.92	3.30	2.52	2.97	3.08	3.07
Alar base width	mm	Mean	22.37	26.04	26.84	26.99	27.98	29.97	28.70	29.66	33.47	32.75	32.79
		SD	2.15	2.39	2.29	2.47	2.94	3.86	3.51	2.46	2.09	3.07	2.17
Height of the nose	mm	Mean	34.08	40.22	42.71	44.38	50.12	49.95	51.17	52.69	53.02	53.18	53.48
		SD	3.51	2.91	2.92	3.29	3.60	3.94	3.57	3.64	3.92	3.15	4.50
Nasal bridge length	mm	Mean	26.84	32.33	34.50	36.82	43.68	43.50	46.46	47.90	48.21	48.60	47.32
		SD	2.58	2.95	3.16	3.36	3.65	3.94	3.99	4.38	4.44	3.48	5.62
Philtrum length	mm	Mean	10.98	12.64	12.51	13.27	14.52	15.02	15.40	15.13	16.95	17.17	16.03
		SD	2.10	2.19	2.02	1.60	1.64	1.90	2.21	2.38	2.33	2.21	2.54
Nasal tip protrusion	mm	Mean	14.06	15.61	17.00	17.89	18.17	19.06	17.69	18.78	19.26	20.85	22.26
		SD	1.87	1.81	1.89	1.75	2.10	1.84	1.92	2.35	1.59	3.34	2.28
Right nostril length	mm	Mean	11.89	12.20	12.69	14.27	15.24	18.16	16.05	16.73	18.10	18.32	19.69
		SD	1.09	1.45	1.77	1.72	1.93	1.39	1.69	1.60	2.03	2.09	2.29
Left nostril length	mm	Mean	10.64	12.00	12.40	14.00	15.09	16.67	16.39	16.74	18.17	18.56	18.73
		SD	1.66	1.35	1.63	1.78	1.50	1.32	1.94	1.97	1.26	2.51	2.21
Superior nostril width	mm	Mean	6.93	6.26	5.99	6.19	6.88	6.98	8.47	9.62	9.25	8.73	6.29
		SD	2.29	1.69	1.50	1.76	2.18	2.96	1.98	1.97	2.42	2.16	1.50
Inferior nostril width	mm	Mean	14.76	18.52	19.74	20.17	18.79	21.16	19.95	21.72	24.17	24.81	24.88
		SD	2.17	2.20	2.48	2.70	2.74	3.27	3.12	3.40	2.97	3.46	4.58
Tip protrusion to height	%	Mean	55.33	37.48	38.03	38.99	38.95	40.64	37.16	38.30	37.03	40.75	41.23
		SD	12.89	8.56	8.59	7.34	6.14	3.75	4.58	4.79	5.71	5.01	3.46
Width to height	%	Mean	61.28	62.83	60.55	60.58	56.48	62.66	56.55	57.73	61.33	61.23	58.82
		SD	12.96	7.50	8.39	6.33	6.73	7.50	6.00	6.03	7.72	7.37	5.59
Nasal convexity	deg	Mean	23.00	21.59	22.26	23.06	20.91	22.16	20.19	20.87	21.27	23.06	24.39
		SD	2.33	3.10	2.19	2.28	2.51	1.36	2.68	3.23	2.08	3.69	1.36
Alar slope angle	deg	Mean	56.35	80.45	82.66	76.14	72.00	74.87	74.45	73.92	79.05	73.55	69.98
		SD	10.65	14.04	10.54	11.76	9.21	7.83	6.91	6.02	6.92	8.97	7.47
Nasal tip angle	deg	Mean	108.69	109.00	107.27	103.13	100.00	98.27	94.99	93.82	93.49	90.62	94.03
		SD	4.23	4.75	4.94	5.64	5.19	3.70	5.01	6.05	5.10	5.02	6.11

Mean values between sexes and age groups were compared using two-way factorial analyses of variance (ANOVA). Significance was set at 1% ( $p \leq 0.01$ ), with two-tail statistical tests used in all analyses. To identify different growth patterns before and after the attainment of skeletal maturity, and to compute the developmental level of each measurement, data at each age group were expressed as a percentage of the value recorded in the 18–30-year-old subjects [26,53,54].

### 3. Results

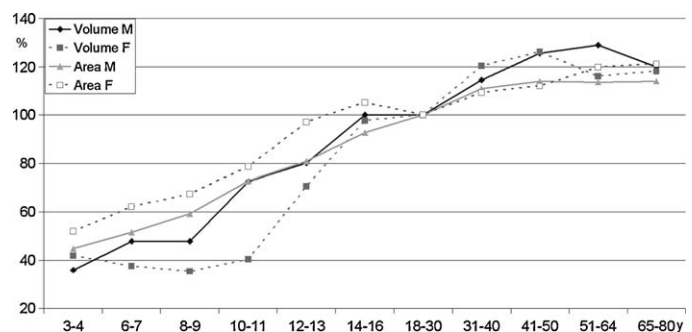
On average, a significant sexual dimorphism was found for nasal external volume and area, all linear distances (two-way ANOVA, 1;837 degrees of freedom,  $p < 0.001$  for all measurements) and the nasal width-to-height ratio ( $p = 0.004$ ) (all measurements larger in men than in women of corresponding age), while no differences were found for the angles and the nasal tip protrusion-to-nasal height ratio ( $p > 0.01$ ) (Tables 1 and 2). Age significantly influenced all analyzed measurements (ANOVA, 10;837 degrees of freedom,  $p < 0.001$  for all measurements): nasal volume, area, linear distances increased from childhood to old age, while the nasal tip angle (n-prn-sn) decreased as a function of age (more prominent nasal tip). No consistent age related patterns were found for the ratios and the nasal convexity or nasal prominence angle (sn-n-prn) and the alar slope or inter-alar angle (al<sub>l</sub>-prn-al<sub>l</sub>). In all occasions, men and women had different age related patterns, with significant sex by age interactions (ANOVA, 10;837 degrees of freedom,  $p < 0.001$  for all measurements). Overall, in most occasions male increments in nasal dimensions were larger than those observed in females.

At 3–4 years of age, external nasal volume was approximately 42% (girls) and 36% (boys) of the relevant values recorded in the 18–30 years old subjects; hereafter, the age related increment was gradual in both sexes (Fig. 3). During adult aging, further gradual

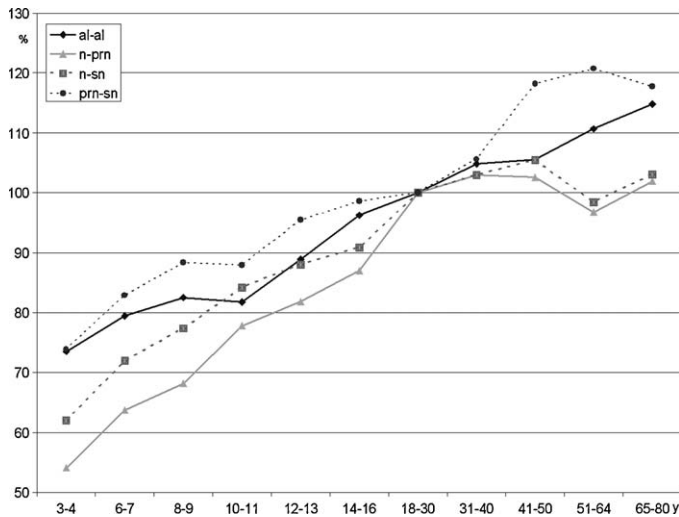
age related increments were observed, and external nasal volume reached 129% (51–64 years old men) and 118% (65–80 years old women) of the relevant mean value of the 18–30 years old subjects. Similar age related variations were observed for external nasal area: from 45% (boys) and 52% (girls) of the relevant young adult value in the first age group, to 114% (men) and 121% (women) in the last age group.

In the first age group, nasal width was 71–74% of the value recorded in the reference “adult” group, with subsequent increments up to 115% (65–80 years old men) and 112% (51–64 years old women) (Figs. 4 and 5). Similar trends were found for the height of the nose (n-sn), that started from 62% (boys) and 67% (girls), and reached 105% of its values recorded in the 18–30 years old subjects.

At 3–4 years of age the length of the nasal bridge (n-prn) was the least developed linear nasal dimension, being 54% (boys) and



**Fig. 3.** Age related modifications in external nasal volume and area in men (continuous lines) and in women (interrupted lines). All values are expressed as a percentage of the mean value in the 18–30 years age group.



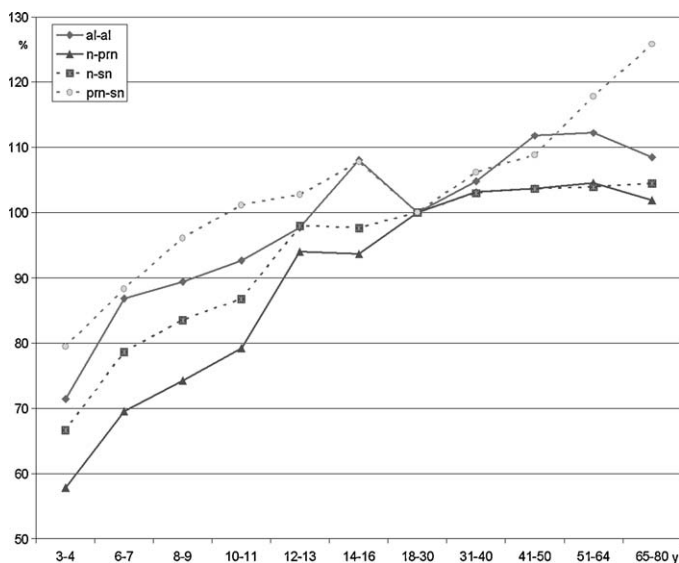
**Fig. 4.** Age related modifications in male nasal linear distances. All values are expressed as a percentage of the mean value in the 18–30 years age group.

58% (girls) of its adult dimensions; during adult aging only minor modifications were seen. In the analyzed age span, nasal tip protrusion (prn–sn) increased from 74% (boys) and 78% (girls) to 121% (51–64 years old men) and 126% (65–80 years old women) of its mean value at 18–30 years of age.

In both sexes, the nasal tip angle decreased during the analyzed time span, starting at 3–4 years from 114% of the relevant adult “reference” value, and reaching 98–99% in the most elderly (Fig. 5).

#### 4. Discussion

Actual and virtual reconstructions of facial characteristics in the three spatial dimensions are currently performed in a variety of clinical and basic fields: plastic and maxillofacial surgeons should re-establish the hard- and soft-facial tissues for the corrections of deformities, traumas, mal-development [13,14,17–20,23,32,45]. Orthodontists should try to predict the growth patterns to better their orthodontic and orthopedic interventions [2,15,16,39,40,42]. Forensic anthropologists sometimes reconstruct the global facial appearance starting from skeletal remnants [25,29–31,33], or try



**Fig. 5.** Age related modifications in female nasal linear distances. All values are expressed as a percentage of the mean value in the 18–30 years age group.

to predict growth- and aging-related modifications of facial structures [34,49].

Therefore, a detailed knowledge of the dimensions and relative positions of facial structures in the different age and ethnic groups, as well as in the two sexes, is preferable [1,19,26,27,44].

In the present study, nasal dimensions and shape have been found to be sexually dimorphic, and to modify between childhood, adolescence and young adulthood, and even after young adulthood into the eighth decade of life.

In children, the current linear dimensions were similar to previous literature reports, also considering ethnic related variations [3,16,19,40,42–44].

In young adults, the current nasal dimensions were sufficiently well comparable to those recorded both in Caucasoids and in other ethnic groups (Tables 3 and 4). Overall, measurements were obtained with various methods, and different geometric approximations were used for the estimation of nasal volume and area [42]. Indeed, when comparing measurements obtained in different studies the effect of the measurement protocols should always be considered: for instance, optical instruments (stereo-photogrammetric digitizers, laser scans) do not compress facial skin during landmark collection, while this may occur with callipers and contact digitizers similar to the one used in the current investigation [51]. The differences arising from the use of two- (photographs, radiographs) vs. three-dimensional measurements (anthropometry, computerized digitizers) are also to be taken into account [51]. Furthermore, intra- and inter-observer errors may also be possible sources of measurement variability. These errors may be of larger importance in direct anthropometry, where each measurement is taken individually, thus possibly incrementing their variability (landmark identification, calliper positioning, measurement reading and recording). In contrast, the use of computerized digitizers reduces the method error to landmark identification and digitization [51].

Boys and men had larger noses than girls and women, a finding in accord with the previous studies [1,3,16,18,36–39,41–44,48]. The sexual dimorphism in nasal dimensions appears to begin at different ages depending on the measurement: for instance, nasal bridge length (n–prn) becomes larger in boys than in girls only with postnatal growth: at birth, and in the first months of life, it was similar in infant boys and girls [47]. In contrast, philtrum length was significantly larger in newborn boys than in girls of the same age [47].

The growth patterns of these two vertical dimensions were also different: according to Agnihotri and Singh [47], in the first 4 months of postnatal life philtrum length increased 1.18 (boys)–1.27 (girls) times, while nasal bridge length increased only 1.14–1.15 times. This increment in philtrum length was larger than any other increment observed in the current study between subsequent age groups (for instance, between 4–5 and 6–7 years of age the increment was 1.15 times). In contrast, the growth of nasal bridge length was faster between 4–5 and 6–7 years of age (1.18 times in boys, 1.20 in girls) than in the first months of postnatal life.

Growth in the nasal soft tissues was larger and earlier in adolescent girls than in boys of the same age, in accord with literature reports [14,16,29,30,40,42,43], with trends similar to those reported for white American Caucasoids [44] and for white Caucasoids of central European descent [3]. In both sexes, nasal height had the fastest growth, and it doubled its value from birth to young adulthood. A large increment was observed also for nasal tip protrusion. The smallest age related increments were found for nasal width.

Posen [39] analyzed longitudinal nasal growth and development between 6 months and 18 years of postnatal life. Child and adolescent growth patterns were consistent with the current ones, with approximately 81% of the adult dimensions of nasal bridge

**Table 3**  
Three-dimensional external nasal morphometry in healthy young adult men.

Measurement	Unit		Current	Italian [43]	Central European [3]	North American Caucasoid [16]	North American Caucasoid [44]	Chilean [41]	Turkish [38]	Turkish [45]	Malaysian [48]	Chinese [36]	Han Chinese [18]
Instrument			a	b	c	d	c	e	e	c	c	f	c
No. subjects			126	57	50	16	42–109 <sup>a</sup>	90	149	108	50	45	56
Nasal volume	mm <sup>3</sup>	Mean	4.32	11.16									
		SD	4.15	1.33									
Nasal area	mm <sup>2</sup>	Mean	1643	2200.6									
		SD	185.8	215									
Nasal width	mm	Mean	32.31				34.9	37.3	38.4	33.63	41	39.49	39.3
		SD	3.10				2.1	5.05	4.4	0.27	2	2.95	2.23
Alar base width	mm	Mean	31.48	37.13			32.8			23.14			39.23
		SD	3.31	2.51			2.3			0.28			2.39
Height of the nose	mm	Mean	55.65	57.59		55.7	54.8		51.9	56.92		50.15	60.33
		SD	3.31	4.01		5.8	3.3		7.5	0.44		4.16	4.25
Nasal bridge length	mm	Mean	51	49.89	52.5		50	50.09	40.3	55.26		43.65	51.8
		SD	3.91	4.81	5		3.6	5.88	7.1	0.36		4.50	3.94
Philtrum length	mm	Mean	17.04		18.5				24.4				
		SD	2.24		2.3				3.9				
Nasal tip protrusion	mm	Mean	19.17		22	16	19.5				18.1	17.68	18.24
		SD	2.15		2	2	1.9				1.4	1.66	2.33
Tip protrusion to height	%	Mean	37.61									35.25	
		SD	4.84									4	
Width to height	%	Mean	58.26					76		59.4		79	65.46
		SD	6.49					7.22		6.44		7	6.03
Nasal convexity	deg	Mean	20.06	22.37									
		SD	2.54	2.22									
Alar slope angle	deg	Mean	75.43	61.07			63.9	67.84				89.07	
		SD	7.91	5.33			5.8	11.14				9.89	
Nasal tip angle	deg	Mean	93.84	79.84			71.7					82.55	77.11
		SD	6.33	4.49			7.4					9.19	7.09

Instrument used for data collection: (a) electromagnetic; (b) stereo-photogrammetry; (c) anthropometry; (d) cephalometry; (e) photography; (f) laser scan.

<sup>a</sup> The number of subjects in [44] depends on the measurement.

**Table 4**  
Three-dimensional external nasal morphometry in healthy young adult women.

Measurement	Unit		Current	Italian [43]	Central European [3]	N American Caucasoid [16]	N American Caucasoid [44]	Chilean [41]	Turkish [38]	Iranian Sistani [23]	Iranian Baluch [23]	Malaysian [48]	Chinese [36]	Han Chinese [18]	Afroamerican [46]
Instrument			a	b	c	d	c	e	e	c	c	c	f	c	c
No. subjects			66	44	50	16	45–200 <sup>a</sup>	90	281	200	200	50	45	63	107
Nasal volume	mm <sup>3</sup>	Mean	3.6	8.64						4.79	5.23				
		SD	3.34	1.28						0.36	0.45				
Nasal area	mm <sup>2</sup>	Mean	1361	2260						1752	1894.7				
		SD	197.2	215						212.8	186.5				
Nasal width	mm	Mean	28.9				31.4	35.17	34.8			37.3	37.63	34.75	37.98
		SD	3.3				2.0	5.54	2.9			2.6	3.47	2.22	2.96
Alar base width	mm	Mean	28.7				30.5			32.3	31.4			35.14	
		SD	3.51				2.2			1.3	1.5			2.57	
Height of the nose	mm	Mean	51.17	54.33		53	50.6		51.7	46.5	53.0		46.93	58.23	
		SD	3.57	4.23		2.7	3.1		5.8	1.8	1.3		3.30	3.73	
Nasal bridge length	mm	Mean	46.46	46.37	50		44.7	46.86	40.1	44.0	49.5		40.04	50.54	
		SD	3.99	4.04	5		3.4	6.62	5.6	2.2	1.3		3.62	3.87	
Philtrum length	mm	Mean	15.4		16.3				2.24						
		SD	2.21		2.5				2.7						
Nasal tip protrusion	mm	Mean	17.69		21	14.6	19.7					17.5	16.69	16.54	
		SD	1.92		2.5	2.1	1.6					1.5	2.01	1.75	
Tip protrusion to height	%	Mean	37.16										36		33.8
		SD	4.58										5		4.2
Width to height	%	Mean	56.55					74		69.7	59.2		81	59.9	79.7
		SD	6					6.36		3.5	3.3		9	5.17	9.0
Nasal convexity	deg	Mean	20.19	20.95											
		SD	2.68	2.83											
Alar slope angle	deg	Mean	74.45	66.16			59.4	68.62					90.89		
		SD	6.91	5.71			5.3	9.08					12.55		
Nasal tip angle	deg	Mean	94.99	77.18			67.4						83.87	78.36	
		SD	5.01	4.87			7.4						7.39	8.5	

Instrument used for data collection: (a) electromagnetic; (b) stereo-photogrammetry; (c) anthropometry; (d) cephalometry; (e) photography; (f) laser scan.

<sup>a</sup> The number of subjects in [44] depends on the measurement.

length obtained at 13 years, and 91% at 16 years of age (male and female pooled values). At 15 years of age, adolescents gained 95% of adult dimensions in nasal depth. At the same age, Prah-Andersen et al. [40] found that girls had obtained 98% of their adult dimension, while boys only 89%. Genecov et al. [16] and Ferrario et al. [43] reported that girls had ended a large part of their soft-tissue nasal growth at 12 years of age, while boys continued to growth until 17 years of age: similar trends can be observed in the current adolescents. In boys, Burke and Hughes-Lawson [42] found a growth spurt in nasal width between 11 and 13 years of age, well paralleling current findings.

Increments in nasal dimensions continued after 20 years of age; modifications went on with reduced speed, as found in previous cross-sectional anthropometric studies [3,44]. The trends for adult aging of vertical and horizontal nasal dimensions were in good accord with those reported in longitudinal studies ranging from late adolescence to late adulthood [1,2]. In particular, aging differences were larger in men than in women [1], as shown by the significant age by sex interactions found in the current and in previous investigations on other facial soft tissues [26,27].

All over the world, nasal dimensions have been investigated in several ethnic groups [1–3,16,18,19,23,29,36,32–48]. Overall, notwithstanding ethnical variations in actual nasal dimensions and proportions [18,19,23,36,45,46,48], all investigations found that the human facial soft tissues continue to modify well beyond the attainment of skeletal maturity. With aging, modifications of the microscopic structure of facial soft tissues, with alterations of cartilages, muscles, skin elasticity and resilience, have been reported [32,55–57]. Overall, the microscopic modifications may explain the macroscopic increments in nasal dimensions, especially in those more determined by muscles and cartilages (nasal width, nasal tip protrusion), observed after the attainment of skeletal maturity.

The number of subjects examined in the present investigation is comparable to that analyzed in several cross-sectional [18,19,23,36,38,41,43,45–48] and longitudinal [1,2,16,29,39,40,42] investigations, even if some studies analyzed one or two thousands of individuals [3,44]. It has to be mentioned that in some of those investigations only selected linear distances were measured [3], and only some age groups were analyzed [44].

The current study has two principal limitations: its cross-sectional nature, and the instrument used for data collection. Cross-sectional studies assess different individuals in the various age classes, and do not estimate actual growth or aging, but can only suggest trends for the age related variations: the possible presence of secular trends, with individuals with different craniofacial characteristics examined in the various age groups, should be considered. Nonetheless, the current data for both growth [16,29,39,40,42] and aging [1,2,29] are in good accord with those obtained by longitudinal records. Another limitation is the reduced number of subjects in the first and last age groups, that should be implemented with new healthy children and older adults.

Data collection was made with an electromagnetic digitizer, and the procedure was longer than with optical instruments. Movement artifacts may also alter this procedure; nevertheless, the carefully controlled protocol limited this problem [50,58]. Note here that this study's data were in close agreement with those collected by optical instruments [19,36,42,43] and conventional anthropometry [3,23,44,45,48].

Recent investigations compared the performance of contact and optical instruments for the assessment of soft-tissue facial characteristics, and found their use satisfactory from the clinical point of view [59,60]. Contact instruments can be easily used within clinical units, even with the patient in a dental chair [58,60], while optical instruments usually need dedicated locations.

Furthermore, the instrument is low cost, when compared to optical devices [51,58–60]. The use of these instruments may help in widespread data collection, allowing the definition of ethnic specific databases that take into account individual characteristics [34].

## 5. Conclusion

In the present investigation, detailed information about the normal sex and age related nasal dimensions in healthy Italian Caucasoids was provided. The analyzed age interval covered eight decades of life, being the first three-dimensional study reporting a global set of linear, angular, surface and volumetric nasal data for Caucasoids.

When compared to data from the literature, some differences were found, underlining the necessity of data collected on each ethnic group. The age related trends for linear dimensions were similar to those found in most previous studies, showing progressive increments of nasal dimensions with advancing age.

Data collected in the present investigation could serve as a database for the quantitative description of human nasal morphology during normal growth, development and aging, also considering sex and ethnic related variations. In living subjects, soft-tissue facial characteristics are among those most used for personal identification, and a deep understanding of their age related modifications is necessary to build data banks for forensic purposes [3,24,26,27,44,55]. Among the others, one application may be the estimation of the age of both living and dead persons, using direct measurements as well as photographic records of those characteristics that show the largest age related variations. The same data may enter into simulations of facial growth and aging, helping in personal identification [21,22,34]. In particular, a correct approximation of soft-tissue nasal morphology may contribute to a better reconstruction of facial characteristics from skeletal remnants [25,29–31,33]: forensic anthropologists may largely benefit from sex and ethnic specific developmental and aging patterns of the various nasal dimensions.

Furthermore, the detection of facial dimensions that remain stable over time (or that have reduced age related variations after the attainment of maturity) may help in personal identification years after the actual crime [24].

## Conflict of interest statement

The authors have no conflict of interest related to the current investigation.

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